



Weight Loss that Works.  
Wellness that Works.



NEW

# PersonalPoints™

WW'S MOST PERSONALIZED PROGRAM EVER—  
NO TWO PLANS ARE ALIKE!

WW's new PersonalPoints Program can help you drop the pounds you want while eating what you love and living *your* life fully.

FIND SUCCESS WITH A WEIGHT-LOSS SOLUTION MADE FOR *YOUR* LIFE!



## A plan that's yours—and only yours

WW's nutrition experts craft a food plan unique to *you* based on what you like to eat.



## Science, simplified

An updated food algorithm looks at calories and complex nutrient data to create one simple number—a food's PersonalPoints value—to make eating healthier easier and fun.



## Zero deprivation

No foods are off-limits, and to encourage good-for-you habits, your food Budget actually grows when you eat non-starchy veggies, drink water, and get active.

Discover your personalized success plan!

Anyone age 18 and older enrolled in a PEBB medical plan can sign up at **NO COST** to you.

Visit [PEBB.WW.com](https://PEBB.WW.com) to learn more.

