Discover your personalized success plan!

NEW

PersonalPoints™

WW’S MOST PERSONALIZED PROGRAM EVER—NO TWO PLANS ARE ALIKE!

WW’s new PersonalPoints Program can help you drop the pounds you want while eating what you love and living your life fully.

FIND SUCCESS WITH A WEIGHT-LOSS SOLUTION MADE FOR YOUR LIFE!

A plan that’s yours—and only yours

WW’s nutrition experts craft a food plan unique to you based on what you like to eat.

Science, simplified

An updated food algorithm looks at calories and complex nutrient data to create one simple number—a food’s PersonalPoints value—to make eating healthier easier and fun.

Zero deprivation

No foods are off-limits, and to encourage good-for-you habits, your food Budget actually grows when you eat non-starchy veggies, drink water, and get active.

Anyone age 18 and older enrolled in a PEBB medical plan can sign up at NO COST to you.

Visit PEBB.WW.com to learn more.

Your PEBB medical plan pays for your WW and/or Kurbo by WW program monthly until you cancel or until your eligibility for PEBB benefits terminates. Available in participating areas only. WW Logo, Wellness that Works and PersonalPoints are the trademarks of WW International, Inc.