



# Interview Story Time

## Overview

Use the following document to brainstorm potential example stories you might need to tell in an interview. Stories should be short (about 5 minutes) but should clearly demonstrate the trait the interview question is targeting.

## Stories to Demonstrate Strengths

### A time you...

- Learned from a mistake
- Saved the day
- Worked with a difficult person

### Examples of...

- Compromise
- Working in a team
- Going the extra mile

## Stories to Demonstrate Versatility

### A time you...

- Worked without direction
- Solved a complicated problem
- Thought outside the box

### Examples of...

- Adaptability
- Redirecting
- Contributed helpful ideas

## Stories to Demonstrate Other Skills

### A time you...

- Volunteered
- Were a self-starter

### Examples of...

- How your values align with the company

## Source



University of Colorado Boulder (n.d). *Liz Ryan- Skill Stories*. Career Development. February, 2024,  
[https://www.colorado.edu/hr/sites/default/files/attached-files/handout\\_liz\\_ryan\\_-\\_skill\\_stories\\_8-18-20\\_-\\_with\\_logo.pdf](https://www.colorado.edu/hr/sites/default/files/attached-files/handout_liz_ryan_-_skill_stories_8-18-20_-_with_logo.pdf)

OpenAI. (2024). GPT-3.5 (ChatGPT). OpenAI. Retrieved March 2024