

In need of elder care resources?

How your Beyond Benefits program can help.

Call: 855-327-4722

TTY: 800-697-0353

Online: guidanceresources.com

App: GuidanceNowSM

Web ID: OSUBEYOND



Confidential Counseling

- Anxiety
- Sleep issues
- Depression
- Couples' counseling
- Coping with caregiver burnout
- Adjusting to life as a caregiver



Work-Life Assistance

- Hiring aides
- Understanding flex hours
- Balancing work and care duties
- Finding elder care facilities
- Suggestions for elder activities
- Research the best facilities



Legal Resources

- Online will drafting
- Arranging power of attorney
- Securing financial support
- Understanding inheritance laws
- Legal guardianship
- Caregiver rights



Financial Resources

- Medicare and Medicaid information
- Saving for your retirement
- Reviewing your investments
- Managing your elder's assets
- Protecting your assets
- Budgeting for elder care



Online Support, Tools and Information

- Searchable Database of Elder Care Providers
- Dozens of articles, assessments, videos, slideshows and podcasts on caring for elders, securing housing and finding services
- Online chat with a GuidanceConsultantSM
- On-Demand trainings for stress, managing emotions, work-life balance and more
- Legal and financial tools
- Mobile app for anywhere, anytime access from your smartphone

Plus: The Elder Care Online Center, which brings all these resources together in one convenient page.