This is the Benefits Fair "Meet and Move" session where I'll have a few instructors join. I made Nikki and Keith co hosts.

Get to know some of the Faculty Staff Fitness Instructors and have a sampler from each instructor. You will also have an opportunity to hear what FSF is doing to keep you moving and active.

Dee Gillen is inviting you to a scheduled Zoom meeting.

Time: Oct 8, 2020 12:00PM Pacific Time (US and Canada)

Join Zoom Meeting

https://oregonstate.zoom.us/j/91485215185

Phone Dial-In Information

- +1 971 247 1195 US (Portland)
- +1 253 215 8782 US (Tacoma)
- +1 301 715 8592 US (Germantown)

Meeting ID: 914 8521 5185

Password: OSUFSF

Join by Polycom/Cisco/Other Room System 91485215185@zoomcrc.com