

Here's a link to our pre-recorded webinar:

<https://drive.google.com/file/d/1yr05S2TJ4leB0A3tMViPRsMpBAMZOoER/view?usp=sharing>

Our Member Services Team will be available Wednesday, Oct. 7 and Thursday, Oct. 8 from 1pm-5pm to answer questions at 888.754.5433 or info@lifebalanceprogram.com.