PEBB 2021 Open Enrollment Presentation

Moda Health
Medical and Pharmacy

Moda Health
Members will be connected with a Moda 360 health navigator when calling Moda Health

The navigator will assist the members with any questions they may have, but will also serve as a guide to connect them with the care, resources and programs that best fit the member and their family’s needs

This benefit will be available on all Moda Synergy medical plans effective 1/1/21
Moda 360

- Moda 360 is a dedicated team of health navigators who help identify, coordinate and connect resources available to them and their family:
  - Personalized support for chronic conditions
  - Coordination with the member’s PCP
  - Telemedicine expansion
  - Behavioral health
Moda 360 – telemedicine expansion

• New Telemedicine App
  • Allows members the ability to text/chat with a provider at no cost-sharing:
    – You have the ability convert your text to a call, video and even upload photos
    – Providers can also prescribe medication
  • Provides member convenience and flexibility
  • Provides access 24 hours a day, 7 days a week
    – Accessible in all 50 states
Moda 360 – behavioral health

- Cognitive behavioral therapy delivered remotely
- Clinical team of providers – therapists, psychiatrists
- Digital application for metabolic tracking – nutrition, activity, calories
- Exercise and reminders for care
- Moda 360 navigators support data exchange and care management between the member and PCP 360
Diabetes support

• A personalized approach to diabetes management

• Digital app-based solutions that provide support for diabetic members

• These solutions are to support member-specific diabetes management for better overall health
Moda 360

Moda360 Coordinated Care Model

- Partnership with PCP 360s
- Digital Behavioral Health Clinic
- Selecting a PCP 360
- Appointment scheduling
- Streamlined navigation support
- Additional member resources
- Cirrus telehealth
- Billing issue support
- Enhanced member advocacy
- Chronic condition management
- Diabetes
- Claims & appeals support
- Prior-auth support
- Behavioral health
Other medical changes

• Viscosupplementation
  – Viscosupplementation will no longer be covered, effective 1/1/21

• Specialty Lite Program
  – Allows certain specialty medications to be filled for a 90-day supply
  – Cost sharing with match the current cost sharing: 2.5 times the copay for each 90-day supply
Dental

Delta Dental
Delta Dental plans overview

- No plan changes
- Remove 12 month waiting period for basic and major services
- Remove 24 month waiting period for orthodontia coverage
Health through Oral Wellness® (HtOW)

• All PEBB members have access to the HtOW program
  – A patient-centered wellness program that helps you maintain better oral health through a risk assessment, education and additional evidence-based preventive care

• Providers participating in the program use an oral health assessment to find out your risk of tooth decay, gum disease and oral cancer

• You may qualify for the following services depending on your risk score:
  – Additional cleanings
  – Fluoride treatment
  – Sealants
  – Periodontal maintenance
  – Nutritional counseling

• To see which providers are participating in HtOW, there is a green badge shown in Find Care

• For more details on HtOW – please see our website: deltalionalor.com/oralwellness/members/
Member Resources

Moda Health/Delta Dental
Member Dashboard – your personal website

- See your benefits & Member Handbook
- Choose a PCP 360
- Check claims and review electronic explanations of benefits (EOB)s
- Download your member ID card
- Healthcare Cost Estimator tool
- Access member care resources
  - Health coaching
  - Prescription Price Check
  - Healthcare Cost Estimator