

# PEBB 2021 Open Enrollment Presentation

Moda Health

# Medical and Pharmacy

Moda Health

# Moda 360

**New!**

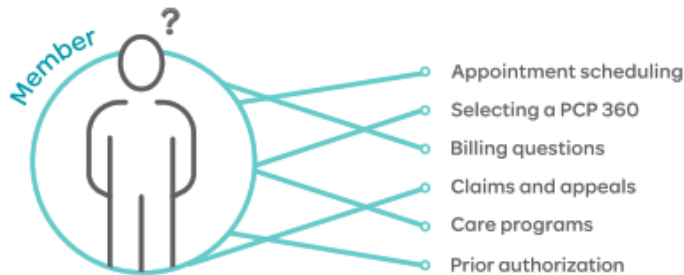
An enhanced member support team known as Moda 360

- Members will be connected with a Moda 360 health navigator when calling Moda Health
- The navigator will assist the members with any questions they may have, but will also serve as a guide to connect them with the care, resources and programs that best fit the member and their family's needs
- This benefit will be available on all Moda Synergy medical plans effective 1/1/21

# Moda 360

- Moda 360 is a dedicated team of health navigators who help identify, coordinate and connect resources available to them and their family:
  - Personalized support for chronic conditions
  - Coordination with the member's PCP
  - Telemedicine expansion
  - Behavioral health

## Current state



## Moda360



# Moda 360 – telemedicine expansion



- New Telemedicine App
  - Allows members the ability to text/chat with a provider at no cost-sharing:
    - You have the ability convert your text to a call, video and even upload photos
    - Providers can also prescribe medication
  - Provides member convenience and flexibility
  - Provides access 24 hours a day, 7 days a week
    - Accessible in all 50 states



# Moda 360 – behavioral health



Cognitive behavioral therapy delivered remotely



Clinical team of providers – therapists, psychiatrists



Digital application for metabolic tracking – nutrition, activity, calories



Exercise and reminders for care



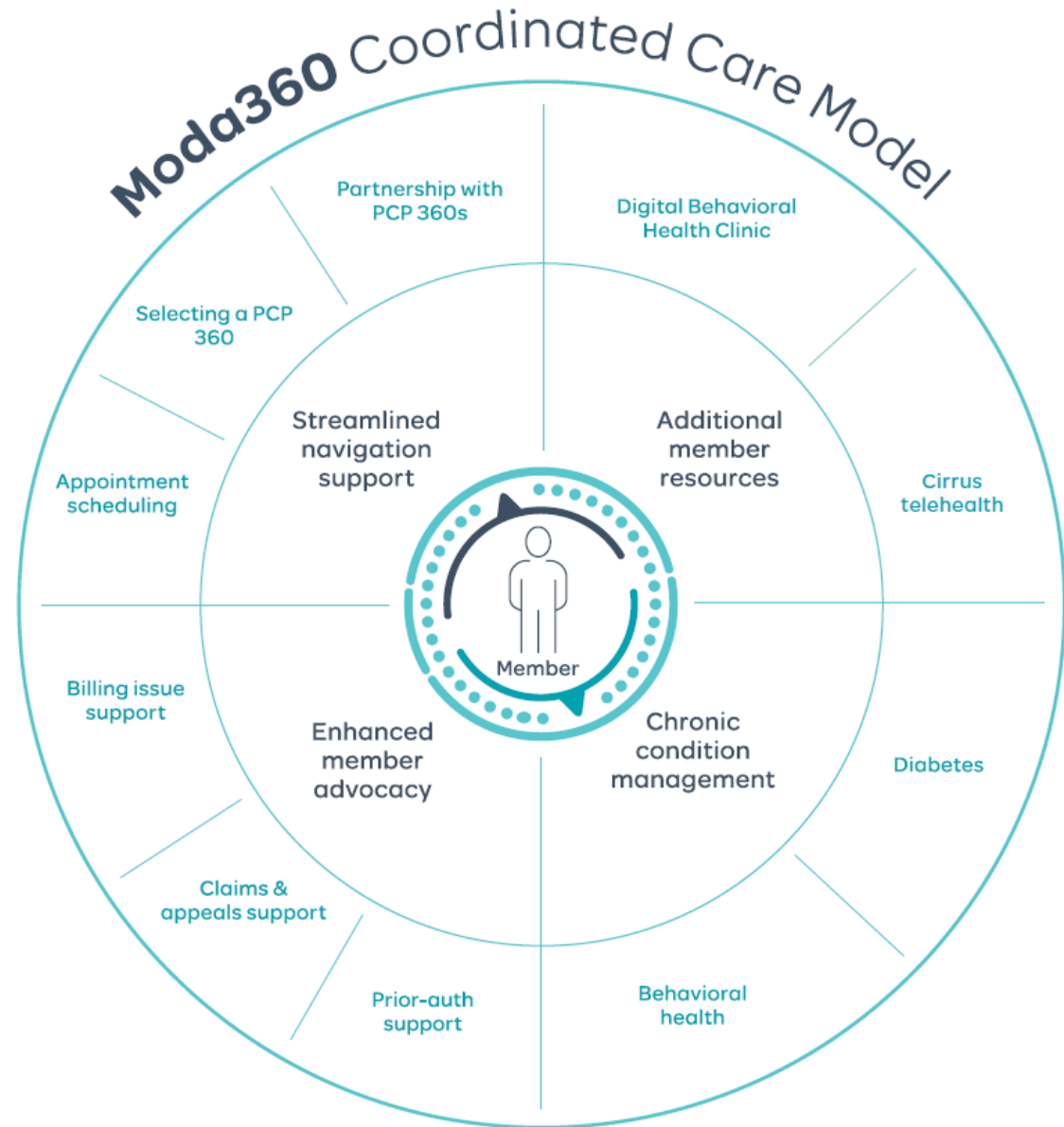
Moda 360 navigators support data exchange and care management between the member and PCP 360

# Diabetes support



- A personalized approach to diabetes management
- Digital app-based solutions that provide support for diabetic members
- These solutions are to support member-specific diabetes management for better overall health

# Moda 360





# Other medical changes

- **Viscosupplementation**
  - Viscosupplementation will no longer be covered, effective 1/1/21
- **Specialty Lite Program**
  - Allows certain specialty medications to be filled for a 90-day supply
  - Cost sharing with match the current cost sharing: 2.5 times the copay for each 90-day supply

# Dental

Delta Dental

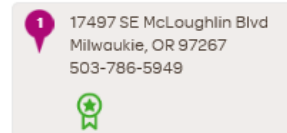
# Delta Dental plans overview

- No plan changes
- Remove 12 month waiting period for basic and major services
- Remove 24 month waiting period for orthodontia coverage

# Health through Oral Wellness® (HtOW)

- All PEBB members have access to the HtOW program
  - A patient-centered wellness program that helps you maintain better oral health through a risk assessment, education and additional evidence-based preventive care
- Providers participating in the program use an oral health assessment to find out your risk of tooth decay, gum disease and oral cancer
- You may qualify for the following services depending on your risk score:
  - Additional cleanings
  - Fluoride treatment
  - Sealants
  - Periodontal maintenance
  - Nutritional counseling
- To see which providers are participating in HtOW, there is a green badge shown in Find Care
- For more details on HtOW – please see our website: [deltadentalor.com/oralwellness/members/](https://deltadentalor.com/oralwellness/members/)

Gentle Family Dentistry LLC Dentist - General Practice



Accepting new patients

[More details >](#)

# Member Resources

Moda Health/Delta Dental

# Member Dashboard – your personal website

- See your benefits & Member Handbook
- Choose a PCP 360
- Check claims and review electronic explanations of benefits (EOB)s
- Download your member ID card
- Healthcare Cost Estimator tool
- Access member care resources
  - Health coaching
  - Prescription Price Check
  - Healthcare Cost Estimator