September 7, 2022

Issue #165

**September UHR All Staff Meeting**

Rescheduled for September 20th at 2:00pm – please reach out to Jeannine (Jeannine.cropley@oregonstate.edu) if you did not receive the calendar invite.

**Mid-Valley Community and Connection**

The goal of the event is to support multicultural networking and relationship-building among professionals new to the area. This event is planned to help create community and connections. All are welcome. Appetizers and Drinks will be served. The event will take place on October 5, 2022 from 6-8:30 p.m. at OSU Lasells Stewart Center located at 875 SW 26th St, Corvallis, OR 97331.

To register for this event please go to [hel-lomidvalley.eventbrite.com](http://hel-lomidvalley.eventbrite.com). This will help us prepare to welcome you and understand your preferences for introductions. The Mid-Willamette Valley has historically offered few networking or community-building opportunities for professionals of color, professionals with disabilities, and LGBTQI+ professionals. This event and future events are designed to increase opportunities to develop these connections.

Accommodation requests related to a disability should be made by October 1, 2022 to Bonny Ray at OSU Human Resources at bonny.ray@oregonstate.edu or 541-737-2806. Please see the attached flyers for more info.

**Work Life**

**Time Management Tools: To-Do Lists, Calendars, Etc. - September 7th, 11 AM:** It seems that more than ever, people are living busy, chaotic lives that often leave them feeling overwhelmed and out of control. Between work, parental responsibilities, community involvement, exercise, hobbies, friendships, family responsibilities and more, sometimes it feels as if keeping track of it all is just impossible. Fortunately, there are many tools available to help people gain control, though sometimes sorting through what’s available can add what seems like even more chaos to life.
Smartphones, day planners, alarms, e-mail systems, priority grids, voice mail systems, note pads, to-do lists, contact lists, address books, folders, file cabinets and more—the purpose of this webinar is to help you sort through the tools available to help you organize your life, and pick the ones that will work for you. Register Here

**Gender Equality in Caregiving: Making It the Norm – September 13th, 9 AM:** What if we could de-gender care? What if childcare, senior care, and care for the sick were no longer coded by so many as “women's work” but instead were recognized as work shared broadly by all? Kate Mangino, author of Equal Partners and gender expert, argues that gender equality in care work is better for everyone. In this webinar, she’ll explain why and share tools to facilitate conversation and an equal distribution of care work in your own home. With broad and inclusive definitions of gender identity, roles and family structure, this is a can’t-miss conversation for all who care. Register Here

**Stress: A Way of Life or a Fact of Life – September 22nd, 12 PM:** All aspects of work and life require stress—everyone experiences it. Experiencing stress is not all bad, but how we perceive stress is what’s important. Stress is our body’s normal response to any extra physical, mental or emotional demand we place on it. This workshop will help you to understand more about stress, identify your stressors and learn ways to cope with and manage high stress levels. Register Here

**Flex Space**

We now have a designated flex space in Kerr! Heather has relocated her office to what used to be the Kerr conference room, freeing up an office that we can now use as a flex office. Whether you work the majority of the time remotely and need a space to work from while on campus or are in another office on campus and find yourself needing a temporary change of scenery, you’re invited and encouraged to use this space. If you have Heather’s new office (236F) reserved, you will need to use the new flex space, conference room 214 (Kerr), or find another location – please reach out to Jean-nine Cropley if you have any questions.

**Hiring Q&A Webinar**

You are invited to our inaugural Hiring Q&A Webinar! This session is designed for supervisors and department HR liaisons. Feel free to drop in and ask your questions about the hiring process. We will have a panel of experts from different HR Teams that work directly with hiring to assist with your questions. The panel will include representatives from the following teams: Classification and Compensation, HR Strategic Partners, Recruitment, Student Employment, Onboarding, Benefits and HR Support Services. Register here.
ELR

ELR is excited to announce the newest member of the Employee and Labor Relations (ELR) Team, Jason Snyder. Jason will serve as the Director of Employee and Labor Relations. He comes to us by way of Seattle, where he has most recently been the Chief Spokesperson and Labor Negotiator for the City of Seattle. Jason has over a decade of experience in labor negotiations and senior employee relations. He has a unique perspective as he has negotiated at the federal, state and local levels. In addition, he has been involved in labor negotiations on both sides of the table; the union and management.

Jason will be working for ELR on a limited basis starting Sept 15, 2022 and then move to full-time on Oct 15, 2022

Employee Spotlight!

Maddy Griffin

UHR Role: Benefits Specialist

How did you come to work for OSU?: I met Bonny Ray through the OSU HR Management Association, a student HR club on campus, and was going to intern for the Benefits team the Summer of 2020, but unfortunately it was cancelled due to COVID. After I graduated in Spring of 2021 and completed an internship with another organization, a few positions on the benefits team opened. I applied for a position, and I was lucky enough to be selected for one of them. As fate would have it, I finally got to work with Bonny and will have been with OSU for almost a year now.

Little known fact about you: I love corgis!

Favorite Quote: “Yesterday is history, tomorrow is a mystery, today is a gift that’s why we call it the present.” - Master Oogway from the movie Kung Fu Panda