Webinar Information for the Virtual Benefits Fair

Schedule for Wednesday, October 7, 2020

9:00 a.m. – “Ask Fidelity”
Description: Stop in to ask a question, listen to the discussion or just say Hi. This is a group session.
Webinar Link: https://fmr.zoom.us/webinar/register/WN_Tkn8F93dRwaN6jII4BpUUw
Registration Required: Yes
Recorded for later viewing: No

9:00 a.m. – Moda and Delta Dental Plans
Description: Please join Moda Health and Delta Dental plan representatives as they present the open enrollment plan changes for the 2021 plan year and answer any questions members may have during these interactive sessions on Microsoft Teams.
Webinar link:
Join Microsoft Teams Meeting
+1 971-254-1897 United States, Portland (Toll)
Conference ID: 369 077 281#
Recorded for later viewing? No but offered on multiple days during this week
Registration required? No

9:00 a.m. - PEBB Carriers Webinar
Description: In this session PEBB and the Health Care Carriers will cover the core Medical, Dental, and Vision benefits for the new plan year 2021.
Register at: https://www.oregon.gov/oha/PEBB/Pages/PEBBWebinars.aspx
Recorded for viewing later? Yes

10 a.m. – 11 a.m. - Virtual Q&A with the Ombuds Office
Description: Visit with Shalece Rains to learn more about the Ombuds Office.
Drop in Zoom link: https://oregonstate.zoom.us/j/94588681970?pwd=WUDXTEZVM1dLUUZtOTBFbWlkTXEwUT09
Registration required? No
Recorded for later viewing? No

11:00 a.m. – Beyond Benefit EAP
Description: Come learn more about the resources that OSU’s new EAP Beyond Benefits provides. Beyond Benefits provides resources across life events and seeks to provide impactful, holistic solutions at times they are most needed. Areas of focus include family needs, financial needs, mental/emotional support needs and legal needs. Presentation and question and answer session.
Webinar Link: https://global.gotomeeting.com/join/721372685
You can also dial in using your phone.
United States: +1 (872) 240-3212 / Access Code: 721-372-685
Registration Required? Yes
Recorded for viewing later? Yes

12:00 p.m. – Fitness over 50
Description: Description: “Health For the 3rd Age 2.0”
- A holistic session on a number of “Health Protectants”
- We will talk about the “psycho-social-emotional aspects of aging and how it fits with our biological health.
- We will talk about some basic motivation strategies to make simple lifestyle changes in areas of health YOU want to improve in
Webinar Link: https://oregonstate.zoom.us/j/93332023332?pwd=SFVTNThCRzhTSDFONVBaM0pUU2h6dz09
Password: 444661
Registration Required? No
Recorded for viewing later? No

1:00 p.m. – “Ask Fidelity”
Description: Stop in to ask a question, listen to the discussion or just say Hi. This is a group session.
Webinar Link: https://fmr.zoom.us/webinar/register/WN_Tkn8F93dRwaN6jII4BpUUw
Registration Required: Yes
Recorded for later viewing: No

2 p.m. to 4 p.m. - Oregon Public Universities Retirement Plans (OPURP)
Description: OPURP Retirement Plans Management team members will be available to answer your questions! Daily live sessions will be accessible by Internet or phone. Links and numbers for that day will be posted each morning at: https://www.opurp.org/2020-benefits-fair

2:30 p.m. – Weight Watchers
Description: During this webinar, a WW expert will take you on a guided tour of what's included when you join WW through OEBB, such as 1) An introduction to WW's customized program that matches you with a plan based on your preferences and lifestyle. 2) How WW's science-backed SmartPoints system allows you to eat what you love and still lose weight. 3) A look at WW's award-winning app, plus Coaching and community you can count on.
Webinar Link: https://weightwatchers.zoom.us/j/2573434523
Registration Required? No
Recorded for viewing later? Yes
3:00 p.m. - PERS All About OPSRP

Description: This presentation is ideal for members at any stage of their careers who began their PERS-covered career after August 28, 2003. Topics include membership and vesting requirements, information regarding Online Member Services and estimates, retirement eligibility, detailed information about the Individual Account Program (IAP), and member resources.

Register in advance for this webinar:
https://oregonstate.zoom.us/webinar/register/WN_SvWAHCQZSCmnRAd9ZQ2p8Q

After registering, you will receive a confirmation email containing information about joining the webinar.

3:30 p.m. – VSP

Description: Join VSP for a live webinar to learn more about the vision benefits available to you through PEBB. VSP is hosting a 30-minute video webinar via Microsoft Teams. VSP will present a brief presentation covering the benefits you will receive when you enroll in a VSP vision plan through PEBB. VSP will be available during the webinar to answer your questions via the chat feature. If VSP reaches capacity for the 3:30pm webinar, they will host a second webinar starting at 4:00 pm at the same link.

Webinar Link: Please click here and register to attend
Registration Required? Yes
Recorded for viewing later? Yes
Other: The presentation can also be viewed on their Virtual Benefits Fair website here: https://visioncare.vsp.com/vbf-State-of-Oregon