Well-being & you

With the coronavirus pandemic reshaping how we live and work, you are likely looking for help with how to make good, informed decisions about your money in this continually changing world. Fidelity has created a website to provide benefits information and resources to help you more effectively manage your money and retirement savings.

Visit our coronavirus resource center to browse content created to help manage your finances, maintain your physical and mental health, stay productive at work and adjust to how we live during this pandemic.

Life events guidance for uncertain times

Change is a constant and priorities can shift quickly. That’s why Fidelity has streamlined our experience to help draw attention to the information that others are finding useful. Fidelity is here for you, now and always.

Most people know us as their retirement company. And that’s OK. We’ve helped millions of people wisely invest their life savings. But we can also help you integrate the financial with the rest of life. So whether it’s proudly sending your child to college or adjusting to the sudden loss of a loved one, we’re here to help tie it all together—before, during, and after. We’ll help you understand the full scope of an event, and give you action items for what to do next.

Visit our live events guidance center to browse content created to help you through specific life events. You’ll find resources and things to consider as you go through various life stages: caring for aging loved ones, navigating the college journey, buying a house, experiencing identity theft, starting a business, and many more. We’ll help you make balanced decisions so you can live your life with confidence. Because money is the means, not the end.