



PEBB 2021 Open Enrollment: Medical and Pharmacy



Moda 360

New!

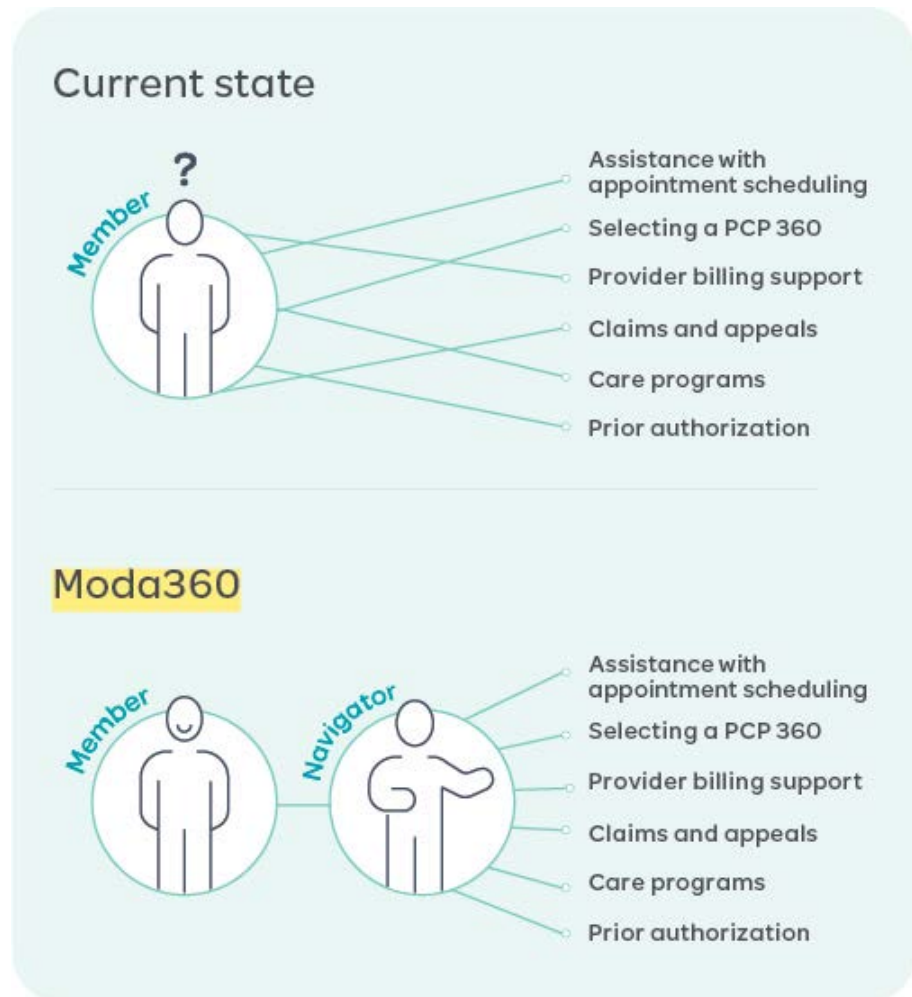
An enhanced member support team known as Moda 360

- You will be connected with a Moda 360 health navigator when calling Moda Health
- The navigator will assist you with any questions you may have, but will also serve as your guide to connect you with the care, resources and programs that best fit you and your family's needs
- This benefit will be available on PEBB Moda medical plans starting January 1, 2021

Moda 360

Moda 360 is a dedicated team of navigators who help identify, coordinate and connect resources available to you and your family:

- Personalized support for chronic conditions
- Coordination with your PCP
- Telemedicine expansion
- Behavioral health



Moda 360 – telemedicine expansion



New Telemedicine App

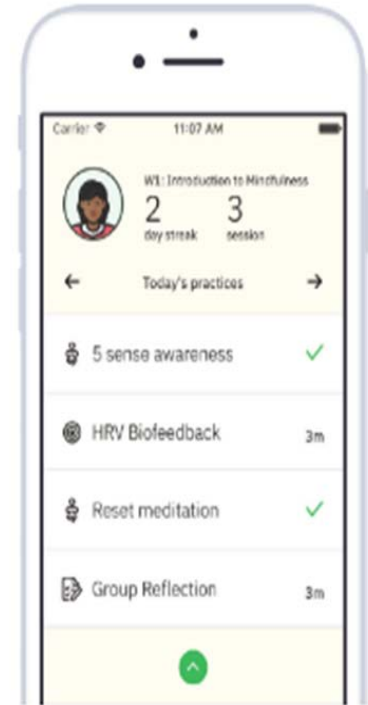
- Allows members the ability to text/chat with a provider with no member cost-sharing:
 - You have the ability to convert your text to a call, video and even upload photos
 - Providers can also prescribe medication
- More convenient and flexible
 - Provides access 24 hours a day, 7 days a week, 365 days a year
 - Accessible in all 50 states

Moda 360 – Meru (Mobile Therapy App)

- Member cost sharing:
 - \$10 copay (FT plan) or \$40 copay (PT plan) with the deductible waived for the initial assessment visit. After that, there is zero cost share to the member for the 12-week therapy program.
- To access Meru
 - Visit:
<https://www.modahealth.com/meru>
 - Contact your health navigator team

Now, you can get therapy on your smartphone!

Moda Health and Meru Health offer a 12-week therapy program that is proven to reduce stress, depression and everything in between.



Clinical team of providers – therapists, psychiatrists

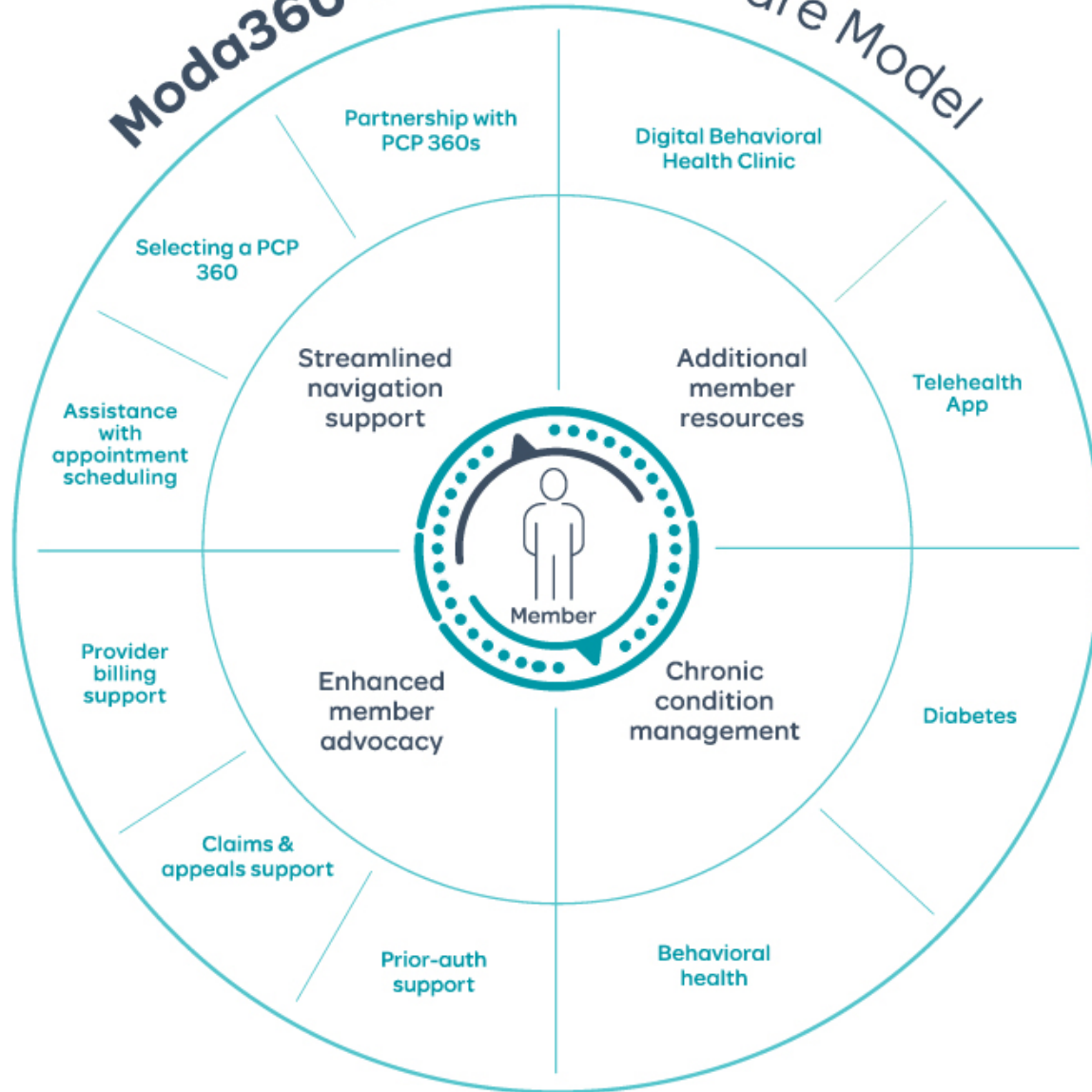


Digital application for metabolic tracking – nutrition, activity, calories



Exercise and reminders for care

Moda360 Coordinated Care Model



Other Medical Changes

Specialty Lite Program

- Allows certain specialty medications to be filled for a 90-day supply
- Cost sharing with match the current cost sharing: 2.5 times the copay for each 90-day supply

Viscosupplementation

- Viscosupplementation will no longer be covered, effective 1/1/21

Synergy Network



Use our Synergy Network to get high-quality care close to home, which includes a diverse and wide selection of hospitals:

- Adventist Health (OHSU partner)
- Asante
- Bay Area Hospital
- Blue Mountain Hospital District
- CHI St. Anthony Hospital
- Columbia Memorial Hospital
- Good Shepherd Healthcare System
- Grande Ronde Hospital
- Harney District Hospital
- Kadlec District Hospital
- Lake Health District Hospital
- Legacy Health
- Legacy Silverton Hospital
- Mid-Columbia Medical Center
- **Oregon Health & Science University (OHSU)**
- PeaceHealth
- Pioneer Memorial Hospital – Heppner
- Saint Alphonsus Health System
- Salem Health Hospitals and Clinics
- Samaritan Health Services
- Santiam Hospital
- Sky Lakes Medical Center
- St. Charles Health System
- St. Luke’s Hospital
- Tillamook Regional Medical Center
- Trios Health
- Tuality Healthcare (OHSU partner)
- Wallowa County Memorial Hospital

PCP 360

Use your PCP 360 for all of your primary care needs

Members must choose a PCP 360 for each covered individual for all their primary care needs

Choose a PCP 360 with Moda

A PCP 360 is a primary care provider who is willing to partner with you and provide high quality care with lower out-of-pocket costs

Each member of your family gets a choice

Each enrolled member can pick the same PCP 360 or a different one to receive in-network benefits for primary care services

No referrals

No referrals required to see specialists

How to choose a Moda PCP 360



Call Moda Health Navigators
844-776-1593



Log in to Member
Dashboard

Each enrolled member can choose their own PCP 360

The subscriber of the plan may also choose a PCP 360 for all covered members, including your spouse and dependents, even if they are over the age of 18

Member Open Enrollment Process

- Existing Medical PEBB Synergy Members
 - If you have already selected a PCP 360, you do not have to re-select a PCP 360 unless you would like to change your PCP 360 (however, you can change PCP 360 providers any time during the year)
- New Members
 - If you are a new member enrolling in a Moda plan, you will want to wait until you receive your welcome packet and your ID card to choose your PCP 360. You can create a login for your member dashboard by using the link you see here at <https://www.modahealth.com/memberdashboard> or call customer service.

PCP 360 step by step instructions

To find a PCP 360 for yourself or another member on your plan, visit modahealth.com/PEBB

1. Click Find Care link on the left side of the page
2. Use the Search by network option to select the Synergy Network
3. Then, click “Search by network”
4. From the “Type” dropdown menu, choose PCP 360
5. Enter your Zip code
6. Choose “Search”
7. You will know a provider is a PCP 360 if you see the “360” graphic under their phone number

The screenshot illustrates the step-by-step process for finding a PCP 360 provider on the modahealth.com/PEBB website. The interface is divided into several sections:

- Find Care:** A teal box with the text "Find Care" and "Find a doctor, dentist, pharmacy or clinic". Below it is the "mymoda" logo and a search bar.
- Search by network:** A section titled "Search by network" with the instruction "Select the network of the plan you have or are interested in." It features a "Network" dropdown menu set to "Synergy" and a "Search by network" button.
- Search for a provider:** A form titled "Search for a provider" with the following fields:
 - "Type of search" dropdown set to "Medical".
 - "Network" dropdown set to "Synergy".
 - "Name of provider" text input field.
 - "Type" dropdown set to "PCP 360".
 - "Specialty" dropdown set to "- Any specialty -".
 - "Location" section with "City" text input, "State" dropdown, and "97217" entered in the zip code field.
 - "10 miles" dropdown for the search radius.
 - "Accepting new patients" checkbox.
 - "More search options" link.
 - "Search" button.
- Provider Information:** A box showing "Distance: 1.5 mi", "6445 N Greeley Ave", "Portland, OR 97217", "503-283-6607", and a "360" graphic under the phone number.

Plan summary overview

(Synergy Network)

Medical	Full-time Medical Plan		Part-time Medical Plan	
	In-network,	Out-of-network	In-network	Out-of-network
Deductible per person	\$250	\$500	\$500	\$1,000
Deductible per family	\$750	\$1,500	\$1,500	\$6,000
Out-of-pocket max per person	\$1,500	\$4,000	\$2,500	\$8,000
Out-of-pocket max per family	\$4,500	\$12,000	\$7,500	\$13,500

Medical	Primary Care (PCP 360) ¹	Specialist Office Visit ²	Urgent Care	Diagnostic Labs & X-ray	Emergency Room ⁴
Full-time Plan	\$10	\$10	\$25	\$0	\$150
Part-time Plan	\$40	\$40	\$40	20% ³	\$150

¹ Deductible is waived of the first 4 PCP visits, per plan year

² Quest Labs \$0 copay

³ Referrals are not required for in-network specialist care

⁴ Copayments does not apply to out-of-pocket maximums

Pharmacy benefits

Plan-year costs	Full-time	Part-time
Deductible per person		\$50
Deductible per family		\$150
Out-of-pocket max per person		\$1,000
Out-of-pocket max per family		\$3,000

	Full-time*	Part-time*
Retail (31-day supply)		
Value	\$0	\$0
Generic	\$10	\$20
Preferred	\$30	\$50
Mail & Preferred Retail (90-day supply)		
Value	\$0	\$0
Generic	\$25	\$50
Preferred	\$75	\$175
Specialty (31-day supply)		
Generic/Brand		\$100

**Copays apply after the deductible has been met*

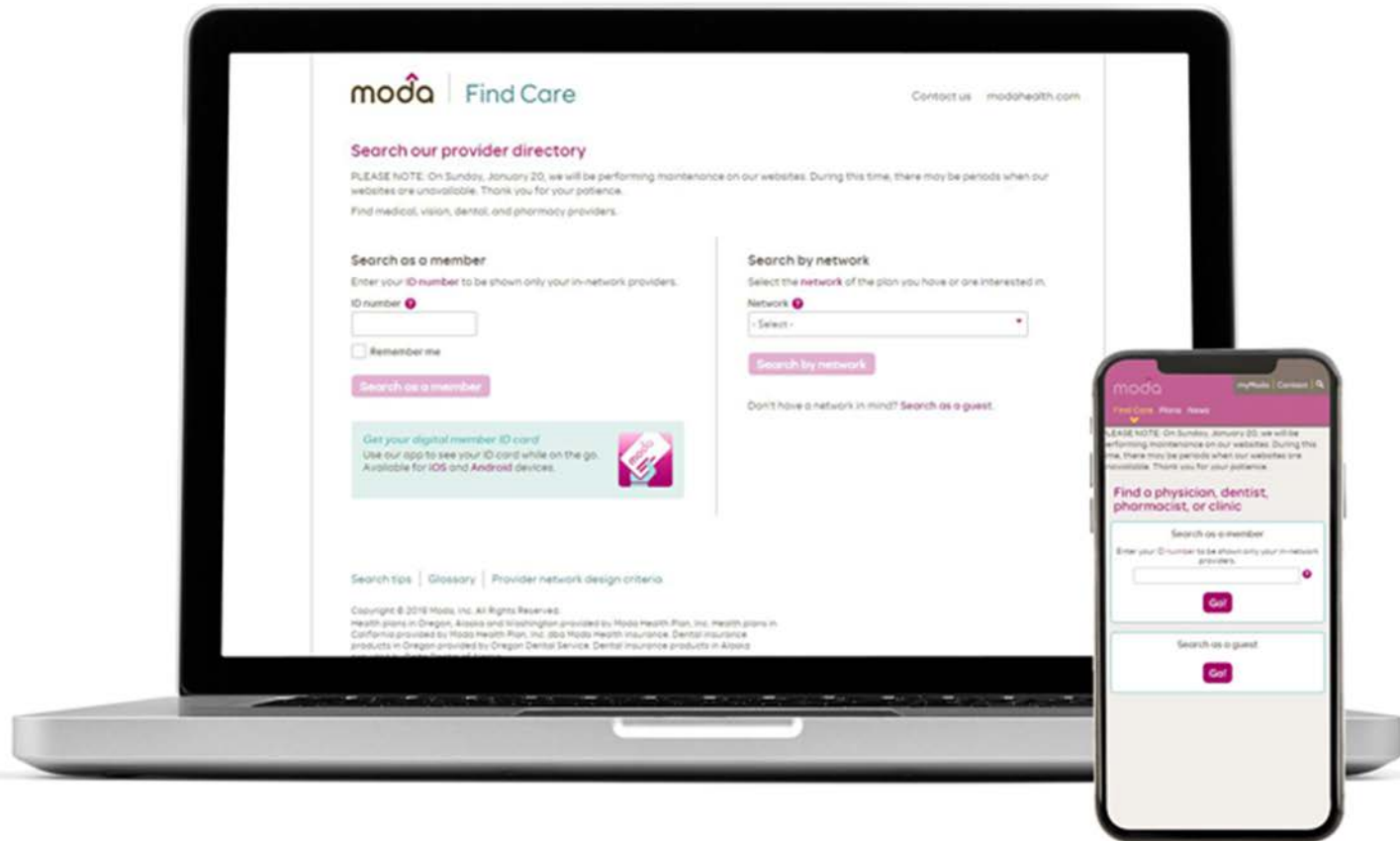
Out-of-area coverage

College students

- Dependents who live ***part-time*** outside of the Synergy Network service area (like college students) can still choose a PCP 360 to receive in-network benefits for when they are back in the service area –
 - Members must update the dependent's address in PEBB database system for access to our travel network for in-network benefits away from home

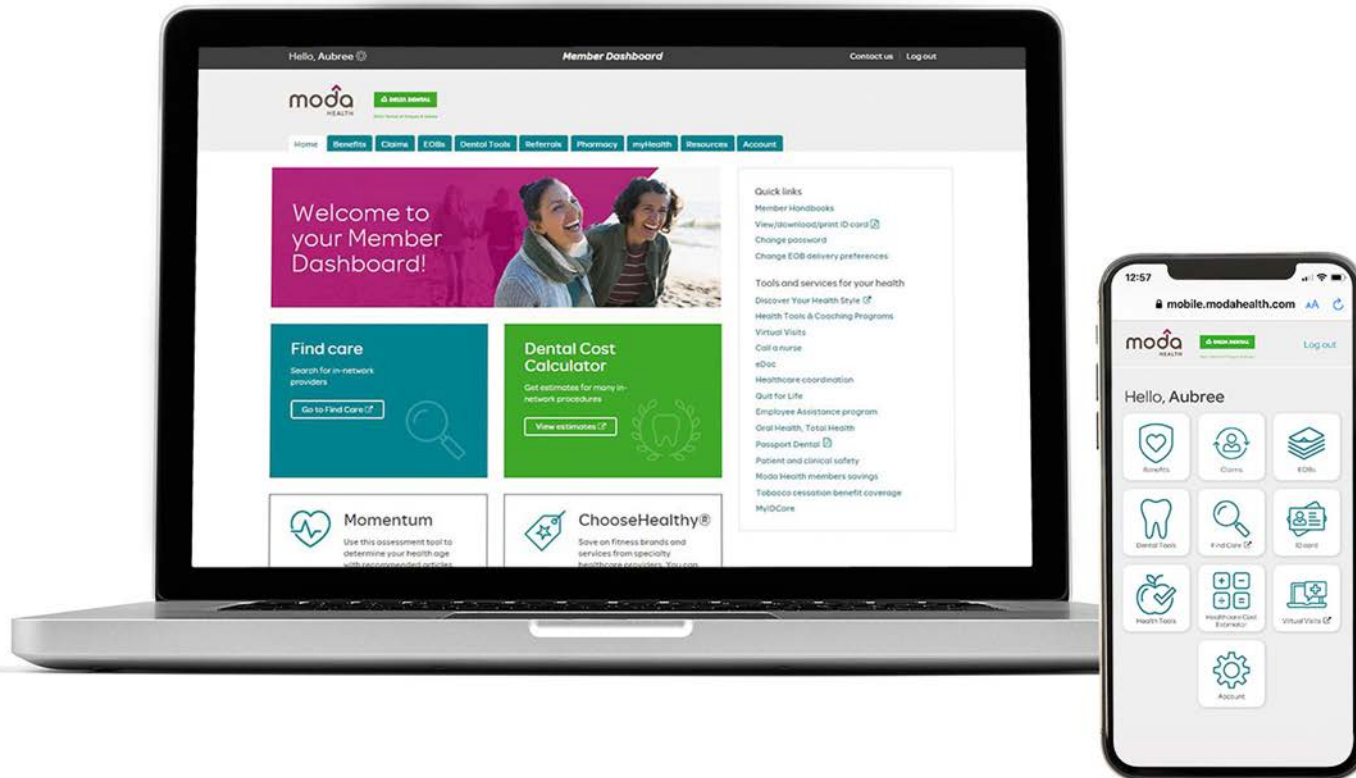
Find Care – Moda’s online provider directory

- Allows you to search as a “member” or by “network”



PEBB dedicated website

modahealth.com/pebb



Member care resources

Moda Health

Member Dashboard

- See your benefits & Member Handbook
- Check claims and review electronic explanations of benefits (EOBs)
- Connect with healthcare professionals on the phone or online
- Download your member ID card
- Access Moda health tools
 - Health coaching
 - Prescription Price Check
 - Healthcare Cost Estimator
- PCP 360 selection

Health Navigators

- Medical or Pharmacy questions? Call 844-776-1593
- Or email our health navigator team at PEBBquestions@modahealth.com
- Monday through Friday –
7:30 a.m. to 5:30 p.m.

Thank you

