PEBB 2021
Open Enrollment: Medical and Pharmacy
Moda 360

New! An enhanced member support team known as Moda 360

- You will be connected with a Moda 360 health navigator when calling Moda Health
- The navigator will assist you with any questions you may have, but will also serve as your guide to connect you with the care, resources and programs that best fit you and your family’s needs
- This benefit will be available on PEBB Moda medical plans starting January 1, 2021
Moda 360

Moda 360 is a dedicated team of navigators who help identify, coordinate and connect resources available to you and your family:

- Personalized support for chronic conditions
- Coordination with your PCP
- Telemedicine expansion
- Behavioral health
Moda 360 – telemedicine expansion

New Telemedicine App
• Allows members the ability to text/chat with a provider with no member cost-sharing:
  − You have the ability to convert your text to a call, video and even upload photos
  − Providers can also prescribe medication
• More convenient and flexible
  − Provides access 24 hours a day, 7 days a week, 365 days a year
  − Accessible in all 50 states
Moda 360 – Meru (Mobile Therapy App)

• Member cost sharing:
  • $10 copay (FT plan) or $40 copay (PT plan) with the deductible waived for the initial assessment visit. After that, there is zero cost share to the member for the 12-week therapy program.

• To access Meru
  • Visit: https://www.modahealth.com/meru
  • Contact your health navigator team

Clinical team of providers – therapists, psychiatrists
Digital application for metabolic tracking – nutrition, activity, calories
Exercise and reminders for care
Other Medical Changes

Specialty Lite Program
- Allows certain specialty medications to be filled for a 90-day supply
- Cost sharing with match the current cost sharing: 2.5 times the copay for each 90-day supply

Viscosupplementation
- Viscosupplementation will no longer be covered, effective 1/1/21
Use our Synergy Network to get high-quality care close to home, which includes a diverse and wide selection of hospitals:

- Adventist Health (OHSU partner)
- Asante
- Bay Area Hospital
- Blue Mountain Hospital District
- CHI St. Anthony Hospital
- Columbia Memorial Hospital
- Good Shepherd Healthcare System
- Grande Ronde Hospital
- Harney District Hospital
- Kadlec District Hospital
- Lake Health District Hospital
- Legacy Health
- Legacy Silverton Hospital
- Mid-Columbia Medical Center
- **Oregon Health & Science University (OHSU)**
- PeaceHealth
- Pioneer Memorial Hospital – Heppner
- Saint Alphonsus Health System
- Salem Health Hospitals and Clinics
- Samaritan Health Services
- Santiam Hospital
- Sky Lakes Medical Center
- St. Charles Health System
- St. Luke’s Hospital
- Tillamook Regional Medical Center
- Trios Health
- Tuality Healthcare (OHSU partner)
- Wallowa County Memorial Hospital
# PCP 360

<table>
<thead>
<tr>
<th>Use your PCP 360 for all of your primary care needs</th>
<th>Members must choose a PCP 360 for each covered individual for all their primary care needs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Choose a PCP 360 with Moda</td>
<td>A PCP 360 is a primary care provider who is willing to partner with you and provide high quality care with lower out-of-pocket costs</td>
</tr>
<tr>
<td>Each member of your family gets a choice</td>
<td>Each enrolled member can pick the same PCP 360 or a different one to receive in-network benefits for primary care services</td>
</tr>
<tr>
<td>No referrals</td>
<td>No referrals required to see specialists</td>
</tr>
</tbody>
</table>
How to choose a Moda PCP 360

Each enrolled member can choose their own PCP 360

The subscriber of the plan may also choose a PCP 360 for all covered members, including your spouse and dependents, even if they are over the age of 18

Call Moda Health Navigators 844-776-1593

Log in to Member Dashboard
Member Open Enrollment Process

- **Existing Medical PEBB Synergy Members**
  - If you have already selected a PCP 360, you do not have to re-select a PCP 360 unless you would like to change your PCP 360 (however, you can change PCP 360 providers any time during the year)

- **New Members**
  - If you are a new member enrolling in a Moda plan, you will want to wait until you receive your welcome packet and your ID card to choose your PCP 360. You can create a login for your member dashboard by using the link you see here at [https://www.modahealth.com/memberdashboard](https://www.modahealth.com/memberdashboard) or call customer service.
PCP 360 step by step instructions

To find a PCP 360 for yourself or another member on your plan, visit modahealth.com/PEBB

1. Click Find Care link on the left side of the page
2. Use the Search by network option to select the Synergy Network
3. Then, click “Search by network”
4. From the “Type” dropdown menu, choose PCP 360
5. Enter your Zip code
6. Choose “Search”
7. You will know a provider is a PCP 360 if you see the “360” graphic under their phone number
### Plan summary overview

*(Synergy Network)*

<table>
<thead>
<tr>
<th>Medical</th>
<th>Full-time Medical Plan</th>
<th>Part-time Medical Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>In-network, Out-of-network</td>
<td>In-network, Out-of-network</td>
</tr>
<tr>
<td>Deductible per person</td>
<td>$250, $500</td>
<td>$500, $1,000</td>
</tr>
<tr>
<td>Deductible per family</td>
<td>$750, $1,500</td>
<td>$1,500, $6,000</td>
</tr>
<tr>
<td>Out-of-pocket max per person</td>
<td>$1,500, $4,000</td>
<td>$2,500, $8,000</td>
</tr>
<tr>
<td>Out-of-pocket max per family</td>
<td>$4,500, $12,000</td>
<td>$7,500, $13,500</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medical</th>
<th>Primary Care (PCP 360)¹</th>
<th>Specialist Office Visit²</th>
<th>Urgent Care</th>
<th>Diagnostic Labs &amp; X-ray</th>
<th>Emergency Room⁴</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full-time Plan</td>
<td>$10</td>
<td>$10</td>
<td>$25</td>
<td>$0</td>
<td>$150</td>
</tr>
<tr>
<td>Part-time Plan</td>
<td>$40</td>
<td>$40</td>
<td>$40</td>
<td>20%³</td>
<td>$150</td>
</tr>
</tbody>
</table>

¹ Deductible is waived of the first 4 PCP visits, per plan year
² Quest Labs $0 copay
³ Referrals are not required for in-network specialist care
⁴ Copayments does not apply to out-of-pocket maximums
Pharmacy benefits

<table>
<thead>
<tr>
<th>Plan-year costs</th>
<th>Full-time</th>
<th>Part-time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deductible per person</td>
<td>$50</td>
<td></td>
</tr>
<tr>
<td>Deductible per family</td>
<td>$150</td>
<td></td>
</tr>
<tr>
<td>Out-of-pocket max per person</td>
<td>$1,000</td>
<td></td>
</tr>
<tr>
<td>Out-of-pocket max per family</td>
<td>$3,000</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Full-time*</th>
<th>Part-time*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retail (31-day supply)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Value</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>Generic</td>
<td>$10</td>
<td>$20</td>
</tr>
<tr>
<td>Preferred</td>
<td>$30</td>
<td>$50</td>
</tr>
<tr>
<td>Mail &amp; Preferred Retail (90-day supply)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Value</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>Generic</td>
<td>$25</td>
<td>$50</td>
</tr>
<tr>
<td>Preferred</td>
<td>$75</td>
<td>$175</td>
</tr>
<tr>
<td>Specialty (31-day supply)</td>
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<td></td>
</tr>
<tr>
<td>Generic/Brand</td>
<td>$100</td>
<td></td>
</tr>
</tbody>
</table>

*Copays apply after the deductible has been met
Out-of-area coverage

- Dependents who live *part-time* outside of the Synergy Network service area (like college students) can still choose a PCP 360 to receive in-network benefits for when they are back in the service area —
  - Members must update the dependent’s address in PEBB database system for access to our travel network for in-network benefits away from home
Find Care – Moda’s online provider directory

- Allows you to search as a “member” or by “network”
PEBB dedicated website
modahealth.com/pebb
Member care resources

Moda Health
Member Dashboard

• See your benefits & Member Handbook
• Check claims and review electronic explanations of benefits (EOBs)
• Connect with healthcare professionals on the phone or online
• Download your member ID card
• Access Moda health tools
  – Health coaching
  – Prescription Price Check
  – Healthcare Cost Estimator
• PCP 360 selection
Health Navigators

• Medical or Pharmacy questions? Call 844-776-1593

• Or email our health navigator team at PEBBquestions@modahealth.com

• Monday through Friday – 7:30 a.m. to 5:30 p.m.
Thank you