

ON-SITE PROVIDER

# Meet with a Provider



## Porshay Pendleton, LMFT

Corvallis

### Biography

I am a licensed Therapist in Oregon with 24 years of professional work experience in aiding clients with depression, PTSD, anxiety, trauma, general relationship challenges, marriage and family relationships and substance abuse concerns. I believe in treating everyone with respect, sensitivity, and compassion to aid in growing from the challenges in one's life. I have dedicated myself to empowering clients to heal the pain within their lives.

### Specializations

- Alcohol Abuse
- Anger Management
- Anxiety
- Blended Family Issues
- Chronic Illness and Medical Issues
- Depression
- Domestic Violence and Abuse
- Family Conflict
- Fertility Issues
- Grief
- Infidelity
- Life Transitions
- Multicultural Issues
- Relationship Issues
- Self-Harm
- Sexual Assault and Abuse
- Stress
- Suicidal Ideation
- Trauma
- Workplace Issues

### Scheduling information

To schedule an appointment, register at [osu.lyrahealth.com](https://osu.lyrahealth.com). Then, answer the assessment questions and book a therapist for "Individual Therapy." Next, select how you want to meet with the therapist. Lastly, select "Valley Library" to schedule your appointment with Porshay.

